

PACYP 10 Ymchwiliad i weithgarwch corfforol ymhlith plant a phobl ifanc Inquiry into physical activity of children and young people Ymateb gan Ysgol Bro Ingli **Ysgol Bro Ingli** Response from Ysgol Bro Ingli **Heol Hir**,

Heol Hir, Trefdraeth, Sir Benfro, SA42 OTL.



7-9-17

To whom it may concern,

Re: Cuts to funding with regards to increasing pupils' physical activity through Successful Kinaesthetic training for pre-schoolers (SKIP)

As a school we have seen a deterioration in the level of motor skills of our pupils as they enter school. This is affecting how much physical activity they can and will do. Core stability is week on a large proportion of the children and as a result this impacts on their fine motor control. Since introducing the SKIP programme, the Foundation Phase staff have seen a great improvement in the pupils' physical skills and the programme is the core of the Early Foundation Phase planning on a daily basis.

We believe that all staff in the Foundation Phase need to understand how to teach children to move so that we can lay the foundations for all young people to be physically active for life and the SKIP programme was a great way forward for the school.

Every child can take part in SKIP activities whatever their abilities as the programme caters for everybody. As the activities are organised in a way that the pupils can take ownership of the activities, the teacher has more time to observe and assess the children and give appropriate help and guidance to ALL pupils – MAT as well as under-achievers.

The programme lends itself to be used in all areas of the Foundation Phase Curriculum not only within PE lessons for an hour a week. We have seen children becoming more competent, confident and more physically active. Since attending SKIP training we are able to improve the children's skills and ensure that they have opportunities for high quality movement across all areas of learning.

It's a programme that celebrates every success of every child – little steps can be easily celebrated and can be built upon daily.

Please do not take away the funding from a programme that is obviously making an impact on pupils' physical literacy.

Yours sincerely,

E Howells and Foundation phase staff



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